

# The Calvary Call

March 2025

Calvary Lutheran Church 4400 Central St. Sioux City, IA 51108 — 712-239-1575— www.calvaryleeds.com  
Senior Pastor-Rev. James Travis, Associate Pastor-Rev. Alex Smith

## Lenten Sermon Theme-Hands of God

Dear friends in Christ, Lent starts this year March 5 with Ash Wednesday service at 1 PM & 7 PM. Our focus this year is on the Hand of God. We will look at how God uses His hands and in turn calls us to use our own hands to serve others.

Meals will be provided each Wednesday from 5:30-6:30 PM. This year's Ash Wednesday Meal will be taco's, mexican rice, salad, dessert. All the proceeds will go to help a couple families/individuals devastated by the Morningside Apartment fire and the Palisades, CA fire.

**Ash Wednesday-**(March 5— 1 & 7 PM) Freely Gives-Giving hands are dependent on the Lord, who has filled them with His good gifts of forgiveness, life and salvation. Matthew 6:1-6, 16-21

**Week 1-** (March 12—7 PM, 5th & 6th Grades Serve) Creates and Saves-Jesus, the Creator of all, stretches out His compassionate hand to save us. Matthew 14:22-33

**Week 2-** (March 19, 1 & 7 PM) Casts Out Demons-Though Satan's might is stronger than ours, the finger of God has defeated him. Christ has plundered the strong man's house in order to free us from his grasp to that we are now His and live under Him in His Kingdom. Luke 9:37-43; 11:14-23

**Week 3-** (March 26—7 PM) Heals the Sick-Jesus' use of His hand in healing re-

veals His compassion for us. Matthew 8:1-4, 5-17 What about Compassion?

**Week 4-** (April 2—1 & 7 PM) Raises the Dead-Jesus' hand of life touches death, His life conquers. Luke 7:11-17

**Week 5-** (April 9—7 PM) Holds All Things-All things have been given into the hand of Jesus, our Savior. John 3:11-18, 22-36

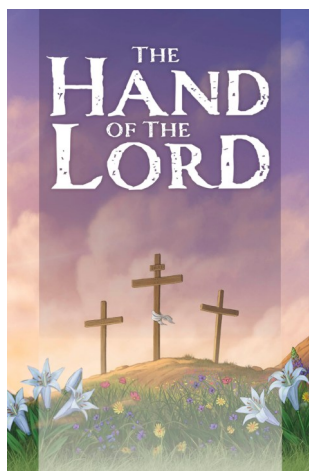
**Palm Sunday**—(April 13—8 & 10:30 AM) - Children's Palm Procession

**Holy Wednesday**—(April 16—7 PM) Service of Corporate Absolution and Private Confession for Preparation for Holy Communion on Maundy Thursday.

**Holy (Maundy) Thursday-** (April 17 @ Noon & 7 PM) Serves and Feeds Us—Having all things in His hands, Jesus serves us and feeds us His very body and blood for forgiveness and the strengthening of our faith. John 13:1-17, 31b-35 and 1 Corinthians 11:23-32

**Good Friday-** (April 18 @ 7 PM—Tenebrae Worship) Was Pierced for Us – The hand of the Lord was pierced in order that the will of God to forgive sinners would prosper in His hand. Isaiah 52:13-53:12

**Easter Sunday-** (April 20 @ 8 & 10:30 AM, Easter Breakfast 9:15 AM) He is risen-The risen Lord is always with us, bringing peace and joy. Psalms 16; Luke 24:1-12



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March 8th,  
Turn clocks ahead an hour.

## Women's Retreat At Redeemer-Hosted by Sarah How



### Location

Redeemer Lutheran Church  
3204 S Lakeport Street  
Sioux City, IA 51106

Register by directly paying at  
[www.sarahhow.com/stilmarch25](http://www.sarahhow.com/stilmarch25)

Deadline to Register is March 24

Redeemer Lutheran Church

Sioux City, Iowa

Friday - Saturday

March 28-29, 2025

Friday 6-8 pm and Saturday 8 am-1 pm



### Pricing

- Eve \$30 - I only need to register. I have my own book. (Book required)
- Miriam \$60 - Registration, STIL Thrive in Life Book, and pen.
- Ruth \$75 - Registration, STIL Thrive in Life Book, STIL Thrive in Life Journal, STIL swag bag, and pen
- Esther \$100 - Registration, STIL Thrive in Life Book, STIL Thrive in Life Journal, STIL swag bag, pen and STIL "Because God Says I am" t-shirt

## Iron deficiency-anemia

Dear Brothers and Sisters in Christ,

Without enough iron, the body can't produce enough hemoglobin in red blood cells. Hemoglobin carries oxygen to the body's tissues. Symptoms of iron deficiency anemia can initially be mild, but as anemia worsens, the signs and symptoms become more pronounced. These include extreme fatigue, weakness, pale skin, shortness of breath, fast heart rate, headache, dizziness, cold hands and feet, brittle nails and muscle cramps. Causes of iron deficiency anemia include blood loss, lack of iron in the diet, inability to absorb iron from intestinal disorders, and

pregnancy. Complications that can result from untreated iron deficiency include restless legs syndrome, heart problems (rapid or irregular heartbeat, enlarged heart, heart attack, heart failure), problems during pregnancy (premature births, low birth weight babies), growth problems (delayed growth and development in infants and children), and increased susceptibility to infections. Treatment can include diet, oral iron supplements, and iron infusions. Foods that are rich in iron include red meat, pork, poultry, liver, seafood, beans, eggs, dark green leafy vegetables such as spinach, dried fruit such as raisins (Continued on pg 6)

## “The Hand of the LORD!” Starting March 5

Pastor Rosenbaum writes about "The Hand of the Lord:"

Whether tightening a bolt, crocheting, or typing on a computer, there is so much that we do with our hands. The Greek physician Galen called them the instrument of instruments. Indeed, hands are instruments that can do a great deal of things. Hands can be used to heal or hurt, work or wreck, build or break, seize or surrender, and on and on. Hands are so often central to the ways we interact with the world that they have also become figurative symbols of power, control, craftsmanship, and possession. We daily speak of hands in many phrases, such as “Lend a hand,” “Things are out of hand,” “Working together hand in glove,” and “Close at hand.” Moreover, in our modern era of robotic, machine, and computer processing, adding “hand” as a prefix to many words can often communicate something that is personal and intentional. Labeling something as handpicked, handwritten, or handmade adds a personal touch and significance. Our Creator has bestowed on us these amazing instruments.

It is no surprise that mentions of hands appear all over the Bible as God’s Word speaks to us in ways that we can understand. All things are the work of the hand of the Lord (Psalm 102:25). The Lord’s hand is referred to over two hundred times in the Old Testament. The Lord’s hand is active in creation, power, control over happenings of the world, judgment, and salvation. The hand of the Lord was upon Ezekiel when He gave him a vision (Ezekiel 3:22), and the hand of the Lord was against the Philistines in the days of Samuel (1 Samuel 7:13). The hand of the Lord is both Law and Gospel.

Perhaps surprisingly, specific references to the “hand of the Lord” are not all that frequent in the New Testament. However, it is precisely in the New Testament where the hand of the Lord takes on literal meaning. The One through whom all things were created took on real, literal hands in His incarnation (John 1:1–14). We have several examples throughout Scripture that speak of the way that Christ used His hands alongside His life-giving words to bring forgiveness, life, and salvation. The work of Christ’s hands helps us to see the merciful and personal way that He has condescended to us. He has given us something to grasp, even as He holds us. Jesus used His hands to save drowning Peter, to feed the multi-

tudes, to touch those who were unclean, to stop a funeral procession in its tracks, to lift up Jairus’s daughter, and to bless the children. The hand of the Lord has come to us in Jesus.

On the other hand, the literal and figurative actions of mere human hands in the Bible are often the means of our own sin. After all, our own Lord was “delivered into the hands of men” (Luke 9:44). However, on a greater level, we know that it was the hand of the Lord at work all along, most especially in His crucifixion. Christ laid down His life of His own authority as He allowed Himself to be delivered into the hands of sinful men (John 10:18). His hands were pierced for the sins of the world. His hands rested on Holy Saturday. Yet, on the third day, He rose again. He now holds us in His hands, and no one can snatch us from His hand (John 10:28). Our Lord has hands, real hands. Jesus has accomplished all that we need. Amazingly, He takes our manipulative, distorted, self-serving hands and restores them into useful hands for His purposes, both to literally use them in service and to make our whole lives into His instruments of witness, service, and praise.

**Waffle** **ST. PAUL'S**

**Sunday, March 9th**  
**8:00 a.m. to 1:00 p.m.**  
**School Gym**  
**Tickets: \$12 Adults**  
**\$7 Children under 10**

**St. Paul's Lutheran School**  
**612 Jennings St.**  
**712.258.6325**

**Brunch**



# The Calvary Call

## Pastor Alex' Message-Lent: a season of reflection, not a look-at-me-exercise.

On March 5<sup>th</sup>, we begin the season of Lent with Ash Wednesday. Lent is the season right before east-er in the church year when we reflect on what Christ has done for us. We bury the word alleluia during this time. We do not use that praise word as we walk through the somber season of Lent. Lent is a time of pure reflection. Why was Christ sent to this earth? Why did he have to come and live on this earth?

The answer is simple: He came to rescue us from our sinful nature. Christ came to bring us back into the family of God; he was sent to save us from our sins and the physical assaults of the devil. When we think about what Lent is and what it means to us here in the church, we can see that Lent is a small time frame in which we get a chance to deny ourselves, take up our crosses, and follow Jesus. When you take up your cross and follow Jesus, you do not need to announce that you have done so.

How do we take up our cross and follow Jesus during the season of Lent? I know of some people, Catholic or otherwise, who will give something up for Lent, be that pop, sweets, social media, or whatever the case may be, they give it up for Lent. It might start as a good exercise to either a. quit a bad habit or try to better your diet or b. Show yourself how much time you devote to a certain thing, such as social media.

I have seen people give things up for Lent, and most of the time, they do one main thing: announce it to as many people as possible. They want to be known for the sacrifice that they are making. Are they trying to get closer to God or are they trying to make Lent a look at me exercise?

Christ even tells his disciples the opposite of announcing it to the world. He tells them in Matthew 6, verses 5 and 6, "And when you pray, you must not be like the hypocrites. They love to stand and pray in the synagogues and at the street corners so that others may see them. Honestly, I say to you they have received their reward. But when you pray, go into your room, shut the door, and pray to your Father secretly. And your father, who sees you in secret, will re-

ward you. Then, just a few verses later, verses 16 and 17, he tells them, "And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that others may see their fasting. Honestly, I say to you, they have received their reward. But when you fast, anoint your head, and wash your face, your fasting may not be seen by others but by your Father, who is in secret. And your Father, who sees you in secret, will reward you.

In this life, Christ calls us to take up our cross. He does not call us to make it a look-at-me exercise. Everything Christ did was to show the people whom he came into contact with the glory of the Father. When Christ did things, he glorified the Father. That walk to the cross was to bless that Father and to bring us closer to God the Father through his son.

When we do things in this life that are a good measuring stick, are we doing it for our glory or to show the glory of God to those around us? For those of you who do not know, my father's side of the family is Catholic. I still remember when he sat the family down and asked my mom, sister, brother, and me if we would be willing to do fish Fridays in Lent. If not, he would be okay without it. He would not force it on us but was used to it. Since most of the family liked fish, we were happy to do this for Dad. He did not ask us to do it because he wanted to look at me, but it was normal. So, if you regularly practice giving something up for Lent, I am not saying don't do it or don't tell people. However, I am saying look at how you are handling it. Are you announcing to the world how you are sacrificing for God, or are you secretly letting it be with one or two accountability partners? Remember, your heavenly father sees in secret, and he will be with you in the battles you fight in secret.





## *From the Desk of Pastor James Travis*

Pastor James Travis  
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 Sioux City, IA 51104  
 Phone: 712-202-8516

Senior Pastor of Calvary Lutheran  
 4400 Central St.  
 Sioux City, IA 51108  
 Phone: 712-239-1575

February 19, 2025

Dear Brothers and Sisters in Christ of St. Paul's Lutheran Church,

My plan was to come down and meet you this next week and then make my final decision before Transfiguration Sunday and Ash Wednesday. Yet, God made the decision abundantly clear this past Monday and I dare not prolong letting everyone know: I have decided with the help of the mutual conversation and consolation of the saints and counting the cost that God desires me to stay here in Sioux City with the saints of this place.

God has placed me as a mentor for Pastor Alex Smith, a Circuit Visitor for the Sioux City Circuit, and a teacher to some 22 confirmands under my direct spiritual care. I will be the first to admit I cannot save anyone, but I recognize that God has placed me here for this season. Likewise, God has called me to reach out to some 300 inactive members whom he wishes to become reactivated in the faith with the help of the elders of Calvary, Care Team, and active members. There are also literally thousands of unchurched people right outside of the church walls of Calvary who need to hear the Gospel of Jesus through God's people in this place. Each one of us is challenged by Philip's simple evangelism message to his brother Nathaniel, "Come and see..." inviting Andrew to meet Jesus (John 1:46).

God has given you an awesome vision for mission at and in Marshfield. I love your plan to reach out to your community, I love your programs to do a free rummage sale for your neighbors, and your community spirit to love those around you. I love that you desire to call someone with a heart for training people in mission. I could definitely see myself in Marshfield, but as I prayed I see that God continues to have me here in Sioux City. It is my belief that both pastor and people together are challenged to trust: "Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths." (Proverbs 3:5-6) Our God will indeed lead you to the person He wishes to be among you. Likewise, it is my prayer that God will provide a under shepherd in due time.

In Christ,

Pastor James Travis

*Philippians 1:21—For to me, to live is Christ, and to die is gain.*

## The Rev. Dr. Steven Turner

Dear Friend in Christ,

I remember as a child when my brother and I had been naughty, my mother saying those dreaded words, “just wait until you father gets home!” That time of waiting was worse than any punishment my mother could have meted out. It was filled with fear, guilt, and anxiety because of the unknown.

Just waiting for my father to come home, what would he say, or what even more, would my dad do?! Would there be any escape from this dreaded punishment? If only someone would intercede for us. If only someone would put in a good word for us and direct our father to forgive us. If there is only someone in our father’s house who understands us.

The good news is there is such a person in our Father’s house above. The disciples of Jesus were often like my brother and I, filled with fear, guilt, and anxiety. Jesus had just told them He would be leaving them. What would this mean? They had been following Him for three years; how could they possibly go on without Him? Jesus spoke words of comfort to them and to us. *“Let not your hearts be troubled. Believe in God; believe also in me. In my Father’s house are many rooms. If it were not so, would I have told you that I go to prepare a place for you? And if I go and prepare a place for you, I will come again and will take you to myself, that where I am you may be also. And you know the way to where I am going.”* Thomas said to him, *“Lord, we do not know where you are going. How can we know the way?”* Jesus said to him, *“I am the way, and the truth, and the life. No one comes to the Father except through me. If you had known me, you would have known my Father also. From now on you do know him and have seen him”* (John 14:1-7 ESV).

Jesus goes to our Father’s house for us. Jesus knows who we are, and He knows the fear, guilt, and anxiety we feel living outside of our Father’s house. He knows the fear of judgement we feel because of our acts of rebellion against His good and gracious will. He knows our guilt we feel when we have hurt others by what we’ve said and done. Jesus understands our anxiety when we’re faced with things that are suddenly out of our control. Jesus understands the anxiety that we feel as we grow older, and our physical bodies begin to wear out. Jesus knows the sadness we face the death of loved ones. Jesus comes into our world filled with fear, guilt and anxiety and comforts us by saying *“In my Father’s house there are many rooms...I go there to prepare a place for you.”* This is really good news for you and me. We know that



Jesus has prepared a place for us. He prepared this place by all that He’s done for us. It is by His life, death, and resurrection. He has made you and me ready to enter our Father’s home knowing that it is a place for us. All our fears and anxieties that stem from a guilty conscious and make us afraid to step into the holy presence of our heavenly Father, can be put to rest. Jesus is the One who intercedes for us. Jesus is the One who has made us ready when our Father calls us home.

Your Partner in the Gospel,

President Steve Turner

There needs to be a little postscript to the above. I want you to know that I have no memory of my dad ever punishing us kids with any kind of severity. In fact, the only time I can remember my dad being really angry with me is when I told him he could no longer drive his car.

Iowa District West,  
LCMS [steve@iowadistrictwest.org](mailto:steve@iowadistrictwest.org)  
515-576-7666

## Iron deficiency-anemia

(Continued from pg. 2) and apricots, iron-fortified cereals and breads, and peas. You can enhance the body’s absorption of iron by drinking citrus juice or eating foods that are rich in Vitamin C, which can also be found in broccoli, grapefruit, kiwi, leafy greens, tomatoes and melons. Contact your healthcare provider about testing for iron if you have signs and symptoms of iron deficiency anemia or have conditions that cause blood loss.

In His Service, Darlene Rueter, RN  
[drrueter@gmail.com](mailto:drrueter@gmail.com) (Information is referenced from the Mayo Clinic and Cleveland Clinic websites.)

## Worship Assistants

### Elders

### Chancel Guild

Sun., March 2: Teri Mevius, Julie Kilstrom

Ash Wednesday March 5: Julie Barto, Sandy Ohl

Wed., March 12, 1:00 pm: Penny Miller, Vicky Boddy

Sun., March 16: Carol Casotti, Julie Cook

Wed., March 19: Teri Guy, Angela Lias

Sun., March 30: Sharilyn Steck, Rhonda Hageman

### Acolytes



## CAMP OKOBOJI SUMMER 2025

### Discipleship Programs

May 30-June 1...Kids' Kamp

June 5-8...JOY Camp #1

June 22-26...Cub Week #1

June 29-July 4...July 4 Family Retreat

July 6-12...Junior High Week

July 10-13...JOY Camp #2

July 13-19...Cub Week #2

July 20-26...Youth Week (High School)

July 27-August 1...Family Retreat #1

August 3-8...Family Retreat #2

### Other Events

May 2-4...Spring Volunteer Work Weekend

June 8-10...Iowa District West Convention

June 14...Camp Okoboji Auxiliary Quilt Auction

June 15-21...Minneboji Lutheran Camp

May 25-August 31...Sunday Worship

1st Sundays of the Month (May-October)...Brunch

October 10-11...Fall Volunteer Work Weekend

For more information and to  
register, visit  
[campokoboji.org](http://campokoboji.org)





## "Abortion Tourism" is on the Rise

As a pregnancy center dedicated to supporting women and their partners facing unplanned pregnancies and advocating for life, we celebrate the legal victories we have achieved both in Iowa and nationally. One of the most significant victories was the enactment of the Heartbeat Bill in July of 2024, signed by Governor Reynolds. This law made it illegal to perform an abortion in Iowa once a fetal heartbeat is detected. A great step forward in protecting life. However, while this is a great victory, it didn't end abortion. Instead, women are seeking out abortion in other states. This phenomenon, known as "abortion tourism," gives us the harsh reality that our work is far from over. We know that 1 in 5 women are now traveling out of state to end their pregnancy. Click ([Gutmacher Institute](#)) to read the full article.

With your on going partnership and prayers, we will continue to support and reach women facing unplanned pregnancies. TOGETHER we celebrate the political victories, and pray people's hearts are changed and for the day when abortion is unthinkable in our country. Thank you for standing with us and continuing this fight together. Every step forward is because of your prayers and support. As God's earthly army, let's continue to press on with unwavering hope and determination.

-Your Friends at Her Health Women's Center 5732 Sunnybrook Dr Sioux City, IA 51106 712-276-0237  
<http://www.herhealthwc.org>

## Her Health Vision Dinner

It's time to mark your calendars for the 2025 VISION DINNER on Tuesday, April 8th!!

We look forward to seeing you at this special event. Stay tuned for registration and more details to come!

Our Contact Information

Her Health Women's Center

5732 Sunnybrook Dr

Sioux City, IA 51106

712-276-0237

<http://www.herhealthwc.org>



## Lutherans for Life

"We may not be trained healers, but we have been trained through our own experiences and God's Word to bring comfort. Be brave, reach out, and know the Lord is by your side. Pray for His guidance in what you say and do so you will bring needed comfort. We have a message of hope!" Virginia Flo, Lutherans For Life – A Life Quote from Lutherans For Life • [lutheransforlife.org](http://lutheransforlife.org)

## Altar Flowers

Commemorate a special occasion or remember a loved one by providing altar flowers for the worship services. Sign your name to the poster in the Friendship Room or call the church office at 712-239-1575 for 2024 and we will order a bouquet from Bittersweet Florals Flower Shop for a cost of \$63.50. Thank you for adding to our services with flowers.



## Finance Secretary's Report

Income Received for January 2025	\$26,082.95
Envelopes.....	\$24,103.00
Plate.....	217.22
Special Service Donations.....	0.00
Checking Account Interest .....	10.38
<b>YTD Envelope &amp; Plate Total:....</b>	<b>\$24,330.60</b>
<b>Designated Funds</b>	
Dedicated Accounts.....	1,654.85
Adult Education.....	0.00
Birthday Scholarship.....	0.00
Building Fund.....	0.00
Donut Stop (Donuts).....	0.00
Flowers.....	0.00
Pastor's Special Account .....	0.00
Sunday School Missions .....	0.00
WNAC Pizza/Projects .....	0.00
Youth Activities.....	0.00
Undesignated Memorial.....	0.00
Office Supplies .....	97.50
<b>Subtotal Designated Funds .....</b>	<b>1,752.35</b>
<b>Total Monthly Contributions....</b>	<b>26,082.95</b>
<b>Deposits:</b>	
Week 1.....	\$4,697.85
Week 2.....	11,261.00
Week 3.....	3,643.72
Week 4.....	5,235.00
Week 5.....	1,200.00
Thrivent Choice .....	35.00
Checking Interest.....	10.38
<b>Total .....</b>	<b>\$26,082.95</b>
<b>2025 Year-to-Date Total:.....</b>	<b>\$26,082.95</b>

## Treasurer's Statement of Income & Expense

January 2025

<b>Checking Account Balance, 1/01/25</b>	<b>\$245,314.07</b>
Plus Income	\$ 26,072.57
Less Expense	(31,290.87)
Plus Interest	10.38
Plus transf. from LCEF	0.00
Journal Adjustments	0.00
Total	<u>(5,207.92)</u>
<b>Checking Account Balance</b>	<b>\$ 240,106.15</b>

<b>LCEF Steward Account Balance 1/01/25</b>	<b>\$ 10,362.11</b>
Plus Transfers In	0.00
Less Transfers Out	0.00
Plus Interest	24.27

<b>LCEF Steward Account Balance 1/31/25</b>	<b>\$10,386.38</b>
---------------------------------------------	--------------------

<b>Dedicated Funds</b>	
Designated Memorials	3,943.00
Undesignated Memorials	1,070.00
Dedicated Accounts	34,594.55
Outside Purposes	376.81
National Youth Gathering	0.00
World Missions	0.00
Capital Improvement	<u>0.00</u>
Total All Obligated Funds	39,984.36
Un-obligated Funds	\$210,508.17

**Total Checking & Savings Funds \$250,492.53**

## Membership Class

Do you want to learn more about the Lutheran Church— Missouri Synod? Do you want to become a member of Calvary Lutheran Church? Do you want to refresh your Confirmation lessons from long ago? Classes are Thursday at 11:30 am. Each class is about 1 hour long and meets for 10 sessions. If interested please contact Pastor Travis at 712-202-8516 or the church office at 712-239-1575.



**Bulletin & Newsletter Deadlines:** All information for the weekly bulletins must be turned into the Church Office no later than 12 noon on Thursdays. All information for the monthly newsletter must be turned into the Church Office no later than 10 am on the 3rd Monday of each month. Thank you! The *Calvary Call* is published monthly by Calvary Lutheran Church, 4400 Central Street, Sioux City, Iowa,

51108.

**Contact us:** Phone 712-239-1575; ;  
email — Pastor Travis: [Rev.Travis@hotmail.com](mailto:Rev.Travis@hotmail.com);  
Pastor Alex Smith: [revalexsmith24@gmail.com](mailto:revalexsmith24@gmail.com);  
Church Office: [CalvarySecretary@aol.com](mailto:CalvarySecretary@aol.com);  
Church Website: [calvaryleeds.com](http://calvaryleeds.com);

## Our Church Family

### Removed by Request

Kathryn Crawford-2/7/2025

Addison Crawford-2/7/2025

Benjamin Crawford-2/7/2025



## Trustees Corner

## Our Members in the Military

Please pray for these members:

- Taylor Jones
- Riley McFarland
- Cole Barbee
- Collen Larson



(If your family has someone in the Military, call us and we will add their names to the list - 712-239-1575.)

## Calvary Members at Home

### Holy Spirit

Marjorie D.

### Westwood:

Jan P. (A Calvary Guest)

### Pioneer Village:

Bonnie O.

### Storm Lake:

Roger & Judy R.

### Whispering Creek:

Bel A.

### Immanuel (Omaha)

Eva K.

### Acura Health:

Barbara K.

### Northern Hills

Barb S.

### At Home:

Bary B.

## Book Club

March's selection is *Counting Miracles* by Nicholas Sparks.

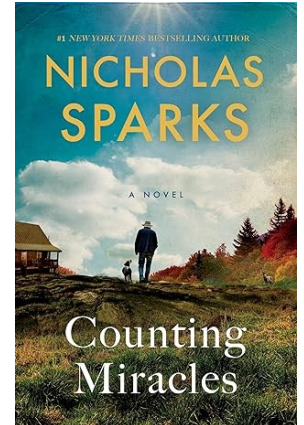
Join the group at Minerva's at 11:30 am on March 13 for lunch and discussion.

Tanner Hughes was raised by his grandparents, following in his grandfather's military footsteps to become an Army Ranger. His whole life has been spent abroad, and he is the proverbial rolling stone . . .

happiest when off on his next adventure, zero desire to settle down. But when his grandmother passes away, her last words to him are: find where you belong. She also drops a bombshell, telling him the name of the father he never knew—and where he might be found.

Tanner is due at his next posting soon, but his curiosity is piqued, and he sets out for Asheboro, North Carolina, to ask around. He's been in town less than twenty-four hours when he meets Kaitlyn Cooper, a doctor and single mom. They both feel an immediate connection; Tanner knows Kaitlyn has a story to tell, and he wants to hear it. For Kaitlyn, Tanner is mysterious, exciting—and possibly leaving in just a few weeks.

Meanwhile, nearby, eighty-three-year-old Jasper lives alone in a cabin bordering a national forest. With only his old dog Arlo for company, he lives quietly, haunted by a tragic accident that took place decades before. When he hears rumors that a white deer has been spotted in the forest—a creature of legend that inspired his father and grandfather—he becomes obsessed with protecting the deer from poachers.



# March 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 8:00 am Worship w/HC 9:15 am Bible Study, Sunday School, Bells 10:30 am Worship w/HC "Queen of Beauty"-Story 20	3 <b>Pastor Travis Family Day</b>	4 10:00 am Northern Hills/ Independent Bible Study 7:00 pm Deborah Circle	5 <b>Ash Wednesday</b> 1:00 pm Worship 5:30 pm Bible Study * 5:30 pm WNAC 5:30 pm Dinner 7:00 pm Worship w/HC "God Uses Hands"	6 10:00 am Bible Study 11:30 am LCMS 101 6:00 pm Stewardship 7:00 pm Choir	7 7:00 pm Gospel Mission  <b>Pastor Alex Family Day</b>	8 8:00 am Confirmation  <b>Daylight Savings Time Begins. Turn Clocks ahead one hour.</b>
9 8:00 am Worship 9:15 am Bible Study, Sunday School, Bells 10:30 am Worship "Rebuilding the Walls" Story 21 <b>Donut Stop Mite Sunday</b> 8 am-1 pm Waffle Breakfast at St Paul's	10 <b>Pastor Travis Family Day</b>	11 6:30 pm Outreach	12 5:30 pm Bible Study * 5:30 pm WNAC 5:30 pm Dinner 7:00 pm Worship "The Hand of the Lord Creates and Saves" Week 1	13 10:00 am Bible Study 11:30 am Book Club 11:30 am LCMS 101 5:00 pm Youth 7:00 pm Choir	14 <b>Pastor Alex Family Day</b>	15
16 8:00 am Worship w/HC 9:15 am Bible Study, Sunday School, Bells 10:30 am Worship w/HC "The Birth of a King"-Story 22	17 <b>Pastor Travis Family Day</b>	18 1:00 pm Ruth Circle 5:45 pm Education 6:15 pm Worship & Music 7:00 pm Elders	19 5:30 pm Bible Study * 5:30 pm WNAC 5:30 pm Dinner 7:00 pm Worship w/HC "The Hand of the Lord Who Casts Out Demons" Week 2	20 10:00 am Bible Study 11:30 am LCMS 101 7:00 pm Choir	21 <b>Pastor Alex Family Day</b>	22 8:00 am Confirmation
23 8:00 am Worship 9:15 am Bible Study, Sunday School, Bells 10:30 am Worship "Jesus Ministry Begins"-Story 23	24 <b>Pastor Travis Family Day</b>	25	26 5:30 pm Bible Study * 5:30 pm WNAC 5:30 pm Dinner 7:00 pm Worship "The Hand of the Lord Who Heals the Sick" Week 3	27 10:00 am Bible Study 11:30 am LCMS 101 7:00 pm Choir	28 <b>Pastor Alex Family Day</b>  6:00-8:00 pm Women's Retreat @ Redeemer	29 8:00 am-1:00pm Women's Retreat @ Redeemer Day 2
30 8:00 am Worship w/HC 9:15 am Bible Study, Sunday School, Bells 10:30 am Worship w/HC "No Ordinary Man"- Story 24	31 <b>Pastor Travis Family Day</b>		* With Rick Book			

# Pinewood Derby at Redeemer-Youth Connect for all Lutheran Youth

Siouxland Youth Connect  
Pinewood Derby – Rules 2025  
Dane Jessen Phone/Text: 712-223-3300  
Race Day March 9 at 4:30pm

## I. Eligibility & Registration

Race registration will be at Redeemer Lutheran Church on March 3.

### Divisions:

Youth 18 and Under  
Adult 19 and Over

## II. Body Specifications

Width - not to exceed  $2\frac{3}{4}$  inches (7cm).

Length - not to exceed 7 inches (17.8cm).

Height - must have clearance under Finishing Gate – not to exceed  $6\frac{1}{2}$  inches.

Weight - must not exceed 5.099 ounces measured on Official Race Scale.

Overweight cars may be reduced to 5.099 ounces or below before they can officially be entered, at Check in March 9.

Center Rail Clearance - Cars must clear the center rail which is  $1\frac{5}{8}$  inches wide by  $\frac{1}{4}$  inch tall along the entire length of the car.

**Wheelbase** - Can be extended. – Standard wheelbase is  $4\frac{3}{8}$  inches from center of front axle to center of back axle. Any wheelbase can be used.

Axle holes may be drilled into body of car as long as the specs are met.

The main body structure must be made of pinewood. Body design - may be enhanced by adding other stable materials such as plastic, metal and/or details. All additions must be firmly attached and conform to size specifications. No loose materials will be allowed on the cars. No part of the body, wheels, or attachments can extend beyond the starting peg on the track. The length is not to exceed 7 inches.

III. Prohibited Items that can NOT be used. Magnets, springs or suspension systems of any type Starting devices, finish line devices, propellants, or propulsion systems Wet paint, or Sticky substances Glass or excessively fragile parts Electronic or lighting devices (if lights are on the car they must be turned off)

## Bearings

Solid one piece rod style axles

Axles and wheels attached to any device that mechanically alters rotation or spin

**IV. Axles-**Modifications to the Axles are allowed that include straightening, sanding, polishing, canting, grooving, beveling & tapering of axle head as long as the Diameter of the Axle is not reduced the Diameter may not be less than .084 inches (2.13mm).

Axles can be mounted by drilling Axle holes or inserted into the slots on car.

**V. Wheels-** Outer wheel surface: may be sanded, shaved, lathed or polished to remove any imperfections, true roundness, remove mold castings and burrs, but must not be reshaped in any way to minimize tread contact or alter aerodynamics. The fluting (small decorative dots on the edge) must remain visible around the entire circumference. The tread / contact surface must remain flat and parallel to the bore. The width

of the tread must not be less than 7.5mm. No removing or reducing the letters or spokes or drilling additional holes. The following wheel modifications are NOT Allowed. No Rounding of the wheel treads – they must remain flat. No Grooving, H-cutting, V-cutting, Crowning, Tapering or Dishing-No Altering the wheel profile. No Drilling (continued on pg 12)

(Continued from pg 5) sidewalls-No Filling of any wheel surface with any type of material Coning the hubs, truing the inside edge of the wheel, and removing the outer hub step down is allowed.-Wheel Bore treatment is allowed including polishing, sanding and / or tapping. Wheel bores may not be filled and re-drilled. There must be at least four wheels on the car, however it is not required that all four wheels make contact with the track surface – one wheel may be lifted from the track surface. Each wheel must be mounted on an axle, on the outside of the car, on the vertical side of the car. Each wheel must be attached by an axle

**VI. Lubrication-**Graphite ONLY

